

Kindergarten Transition Checklist



Social and Emotional Skills
<ul style="list-style-type: none">• Follows one- and two-step directions• Stays on task for ten minutes• Listens to a story without interruption• Completes self-care tasks independently (bathroom and hand-washing, tissue needs, zips, and buttons)• Shares and takes turns• Uses words to express feelings and needs• Follows rules and routines• Asks for help when needed• Accepts responsibility for own actions• Engages in self-directed play when given choice of activities• Separates easily from parents / caregivers
Gross Motor Skills (Skills Using Large Muscle Groups)
<ul style="list-style-type: none">• Runs, jumps, skips• Catches a large ball• Walks backward
Fine Motor Skills (Skills Using Small Muscles)
<ul style="list-style-type: none">• Grasps objects correctly (pencil / crayon grasp; manipulates small objects with pinching grasp)• Holds and manipulates scissors to cut straight lines and simple shapes• Copies vertical and horizontal lines to form letters, numbers, and shapes
Oral Language
<ul style="list-style-type: none">• Speaks in complete sentences• Participates / engages in peer story discussion• Uses appropriate words to describe an object, event, or experience• Identifies characters and recalls basic story details
Literacy
<ul style="list-style-type: none">• Identifies most letters of the alphabet (both upper and lower case letters)• Recognizes his / her written name• Distinguishes between first, middle, and last names when seen in writing• Writes first name beginning with a capital letter and followed by lower case letters• Identifies some beginning letter sounds• Recognizes when words start with the same sound• Recognizes when words do and do not rhyme• Looks at books independently• Opens and holds a book correctly• Can grasp and turn pages of a book• Reads from left to right
Math
<ul style="list-style-type: none">• Counts aloud to 20 or higher• Counts 10 or more objects• Identifies written numbers 0 to 10• Sorts objects by attributes (color, shape, size)• Identifies basic colors (red, orange, yellow, green, blue, purple, black, white, brown)• Recognizes basic shapes (circle, square, triangle, rectangle, oval, diamond / rhombus*)• Recognizes and continues basic patterns

*Virginia Beach City Public Schools using the terminology "rhombus" for the diamond shape.